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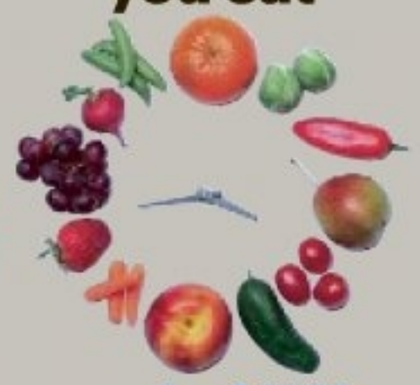

metroLIFE

Your essential daily news | WEDNESDAY, JUNE 22, 2016

High 22°C /Low 12°C Scattered showers

THE BIG SELL

How one city councillor is spending taxpayer money to lobby city hall on roads

metroNEWS

METRO FILE

Putting policy into practice

SCHOOLS

Rules to protect trans and gender diverse students, staff

Braeden Jones
Metro | Winnipeg

Students and parents at Winnipeg School Division will see changes almost immediately now that the division has officially adopted the Trans and Gender Diverse Policy.

The woman behind the policy guidelines said Tuesday that mostly, the new rules focus on enhancing inclusivity rules that were already in place.

"Now our next steps are to continue to provide communication … to parents, staff, students and the community," said director of student services Julie Millar.

The first change will be updates to the WSD website to help get everyone on the same page.

"We'll make a link to all of the (definitions).… It's new ground, it's new language and definitions that are changing, and we will keep updating that," she said. "And we want to develop some frequently asked questions which will again provide specific direction and responses."

Millar added the FAQs will be put together with help from community partners like the Rainbow Resource Centre.

In the classroom, WSD resources materials will also be updated. "Some of the literature in our classrooms may not all have traditional family structures in them; we'll have literature as diverse as the parents and children in the community we serve," Millar said.

Another step, beginning in the fall, is changing the WSD's "anti-homophobia" training for teachers into something all-encompassing.

"Now it's inclusion across the rainbow training, which is mandatory for all new staff," Millar said. "We are also going to have (new) training sessions specific for principals and counsellors, and parents as well."

TRY IT OR BUY IT EVENT

SEE PAGE 7 TO FIND OUT WHY THE COMPETITION IS OUTRAGED!

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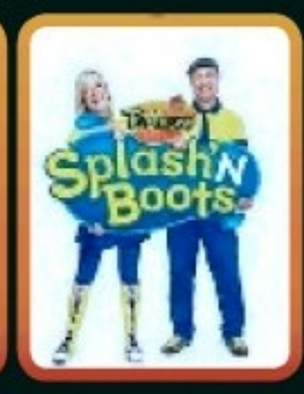

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Your essential daily news

The Beckhams join the "remain" side of the Brexit debate. **World**

From left: The fire overnight trapped people on the third floor, where some jumped to escape. Windows are boarded up where they were smashed by people trying to escape. Officials say a mattress was "involved" in the alleged arson in some way and contributed to trapping third-floor residents. BRAEDEN JONES/METRO

"When you pull up at a building that's well-involved in fire ... you're afraid for everybody's life. WFPS Assistant Chief Mark Reshau

Dozens rescued from fire

EMERGENCY

Man arrested on arson and assault charges

Braeden Jones
Metro | Winnipeg

A fire in a north-end apartment complex Monday night had the "potential to be an incredible tragedy" if not for the quick response by firefighters, officials say.

Winnipeg Fire and Paramedic Service Assistant Chief Mark Reshau said crews pulled up to the three-storey building on the corner of Main Street and Jarvis Avenue to find "people hanging out of the windows ... all calling for help."

"When you pull up at a building that's well-involved in fire ... you're afraid for everybody's life," he said.

"You have to make a very conscious effort to take a step back and assess the entire situation ... the men and women that responded to the fire last night did an excellent job of just that."

Multiple trucks descended simultaneously upon the fire, and were quickly able to raise ladders to the numerous smoking windows with helpless residents clamouring to escape, while another crew began suppressing the fire started in the building's stairway.

"Any time you have a fire in an apartment block in a means of egress it's very dangerous ... people go to exit their suites, open their doors and they're met by heavy smoke and heat," Reshau said.

"That heat has now gotten into their suite, and they're faced with no option but to go to the window and wait for rescue."

Between 17 and 20 people were evacuated from the building, at least 15 were rescued from windows by firefighters who climbed ladders to the upper floors of the building.

Five occupants were transported to the hospital, one in critical condition, and one firefighter was treated at the scene for non-life-threatening injuries.

The cause

Winnipeg Police Cst. Robert Carver said police and fire investigators have reason to believe the fire was caused by arson, and an arrest has been made.

For his alleged involvement, Alexander Campbell, 26, is facing charges of arson of property with disregard of human life in addition to charges related to an earlier incident at the building.

Shortly after the reported assault, emergency services received multiple calls about a fire in the apartment where the assault had allegedly taken place.

"The fire appears to have been deliberately started in a third-floor stairwell," Carver said.

Neither he nor Reshau could confirm what evidence connects Campbell to the fire's origin or what was ignited to start the fire, but did say that a mattress in the stairway was "involved," and that mattresses burn very fast while creating a lot of heat and smoke — which contributed to upper-floor residents being trapped.

Campbell, who Carver said was known to police, has been charged with assault, choke to overcome resistance, possession of incendiary materials, four counts of failure to comply with a court order and failure to comply with probation, in addition to the arson charges.

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CLIMATE CHANGE

City hall blamed for 'unachievable' goals

City staff lay partial blame for Winnipeg's failure to meet its climate change targets at the feet of city hall for setting "unachievable" goals.

Kristine Koster, environmental coordinator with the planning,property and development department, appeared before Tuesday's water and waste committee to present findings from a review of the city's progress on its corporate climate change action plan.

The city is nowhere near reaching its goal of reducing its output of carbon dioxide from corporate vehicles, street lights and buildings by 40 per cent.

Koster said the initiative to slash the city's green house gas emissions was first introduced in 1998, with a corporate plan approved and a target set for a 20 per cent reduction in 2006.

One year later, she said a progress report was released saying that target was hit, "which was obviously inaccurate."

Following that a decision was made to cut back on carbon dioxide emissions by a further 20 per cent for a total reduction goal of 40 per cent.

"Which is an extremely ambitious target, and obviously not achievable. So that leads us to where we are today," she said.

Monday's committee endorsed the recommendation made by staff to have the newly-formed climate change working group establish a new target and a plan to tackle green house gases in a way Koster calls more "realistically."

STEPHANIE TAYLOR/METRO

SEWAGE TREATMENT

Plant upgrades won't help lake much: Staff

A Winnipeg manager of engineering says only four to five percent of nutrient runoff into Lake Winnipeg will be reduced after a near-billion dollars worth of upgrades to the city's sewage treatment facilities are done.

Geoff Patton was responding to Tuesday's committee on water and waste when committee chairman, Coun. Brian Mayes, questioned what impact missing the project's completion date of December 2019 would have on the clean-up efforts at the lake.

Part of the estimated $795 million upgrade to the North End Water Pollution Control Centre, which is required under provincial licensing regulations, would see a new facility built to remove nitrogen and phosphorus from the plant's effluent that gets deposited into the Red River, and ultimately flows into Lake Winnipeg. "I want to make sure that everyone understands that the upgrades to these plants will reduce the nitrogen and phosphorus nutrient levels to the lake from around 4 to 5 per cent to 2 to 3 per cent," Patton told the committee.

"That is what $1 billion of upgrades will provide in terms of nutrient control from the City of Winnipeg. We're doing our part, but I want to make sure that's very clear."

Patton said he could not provide an exact date as to when upgrades to the North End plant will be finished, saying only it would take multiple years and depend heavily on the contractors' timelines.

STEPHANIE TAYLOR/METRO

Coun. Russ Wyatt wants the city to spend its possible construction surplus on road repair this season. BRADEN JONES/METRO

Wyatt defends radio ads for road repairs

TRANSCONA

Councillor says colleagues spend more on newsletters

Stephanie Taylor
Metro | Winnipeg

Transcona's councillor is taking his fight for more road repairs to the air.

Russ Wyatt has taken out ads totaling $2,000 on CJOB 680 and 97.5 BigFM, calling on the city to pour more dollars into residential street work.

Wyatt defended the spending of taxpayer dollars from his ward expenses account to lobby city hall, saying most councillors spend $5,000-$6,000 every time they issue a newsletter.

Tuesday afternoon, Mayor Brian Bowman told reporters he had not heard the ads, and said Wyatt will have to answer to constituents as to whether his campaign was the best use of their tax dollars.

"That's really something that is between the councillor and the residents that he serves," he said.

Bowman pointed out that Wyatt voted against this year's budget that included $105 million earmarked for residential and local street repairs.

In the ad, Wyatt tells listeners that less than a week ago he tabled a notice of motion at city council, asking that $30 million extra be spent on road repairs, given that some of this year's projects are coming in under budget.

"Right now the City of Winnipeg is getting some of the best pricing on road construction in recent memory," the ad reads.

Wyatt had hoped council would debate his request immediately, but it was instead referred to next week's meeting of the public works and infrastructure renewal committee.

"... Mayor Brian, using his powers, killed the debate on the motion. But we cannot give up," Wyatt's ad says.

He then urges residents to sign an online petition, located at fixwinnipeg.ca, asking the public works committee to approve spending the extra millions on road work.

Wyatt brought forward his request last week in such a way that gave neither city staff nor other councillors a proper chance to respond, Bowman said.

Back in May, the public works committee heard from department director Lester Deane, who said city staff were cautiously optimistic the city could end the season with a surplus in its roads budget.

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Police seek missing kids

PUBLIC ALERT

Children may be with their mother, say investigators

Braeden Jones
Metro | Winnipeg

Winnipeg police are looking for two missing children in what they call a potential abduction.

Montana Giesbrecht, 11, and her brother Josh Giesbrecht, 9, went missing from a residence in the St. James area near Lumsden Avenue Monday at about 6 p.m.

Bound by privacy laws, there are few details officer Const. Rob Carver was able to share while asking for the public's assistance in locating the kids Tuesday.

Carver did say, however, they believe the kids accepted a ride "from a party believed to be known to them" in a small, white four-door vehicle, and now "it's possible the children may be in the company of their mother."

Montana and Josh Giesbrecht. HANDOUT/ WPS

Police have not been able to contact the children's mother, and Carver said the kids were reported missing by their caregiver. He would not specify who the caregiver is.

Montana is about 4'5" and was wearing a yellow minion shirt when she was last seen. Josh is 4'2" and was wearing a blue sweater over a grey sports T-shirt. They have the same dirty blonde hair.

Carver said it's most probable the kids are "with their mother or someone connected with their mother," and if that's the case "it could be deemed a parental abduction."

> **If somebody knows the mother and has seen her, we'd like them to call us.**
> Rob Carver

He said anyone with information about the whereabouts of children's mother, Sandra Giesbrecht, 44, or the children is encouraged to contact the WPS missing person's unit.

"If somebody saw two kids that look like (the photos released), if someone is personally aware of the children, they've met them and they see them, we'd like them to call us… if somebody knows the mother and has seen her, we'd like them to call us," Carver said.

Winnipeg police are working with the RCMP and are looking inside and outside of the city, but not yet out of province.

CANADA PENSION PLAN

Pallister withholds support

Manitoba Premier Brian Pallister says his government did not support a national deal on the Canada Pension Plan in part because people should not expect to retire on a public pension alone.

All provinces except Manitoba and Quebec agreed in principle yesterday to a plan that will see CPP premiums and benefits increase gradually, starting in 2019.

Pallister says Manitoba abstained from the vote partly because his Progressive Conservative government has only been in office for two months.

But he says government pension plans are only part of a proper retirement plan and people have to save their own money.

Pallister says higher taxes, especially in Manitoba in recent years, have eroded people's ability to save for retirement.

The new plan can proceed even without Manitoba's approval, as it only requires support from seven provinces with two-thirds of the country's population. Provinces have until July 15 to officially sign on to the agreement before it becomes formalized. THE CANADIAN PRESS

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ONLY AT THE Ex
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Trudeau pays tribute to indigenous people

NATIONAL ABORIGINAL DAY

PM bathed in smoke, before paddling in canoe in river

Prime Minister Justin Trudeau paddles in a canoe on the Ottawa River after the National Aboriginal Day Sunrise Ceremony in Gatineau, Que., on Tuesday. SEAN KILPATRICK/ THE CANADIAN PRESS

Prime Minister Justin Trudeau was in vintage form Tuesday as he took part in a ceremony marking the 20th annual National Aboriginal Day.

Trudeau attended a sunrise ritual on the shore of the Ottawa River wearing moccasins and a buckskin jacket that the Prime Minister's Office said was owned by his father, the late Pierre Elliott Trudeau.

The former prime minister was known in his younger years for donning buckskin before venturing out on canoeing expeditions in Canada's far north.

As the sun rose beyond a bridge linking Quebec and Ontario, the younger Trudeau was bathed with a ceremonial smoke as part of a smudging ceremony before paddling beneath the Parliament Buildings in a 10-metre cargo canoe.

The federal government began observing National Aboriginal Day on June 21 two decades ago.

Trudeau didn't speak publicly at the event, but issued a statement in which he encouraged Canadians to learn more about the country's indigenous heritage.

"National Aboriginal Day is first and foremost an occasion to celebrate the fundamental role First Nations, Metis, and Inuit have played — and continue to play — in shaping the identity of all Canadians," the statement said.

"Coast to coast to coast, their remarkable art and cultures, significant contributions and history, are essential to our sense of nationhood."

THE CANADIAN PRESS

EMPLOYMENT

Goats get munching

Helen Pike
Metro | Calgary

This goat is munching on Canadian Thistle. METRO

These aren't country goats, they're city goats — City of Calgary employees in fact.

On Monday, the herd moved into their new urban digs and got straight to work munching locally grown, possibly organic, Canadian Thistle as part of a three-week pilot project. The city will be seeing how the cool kids will work in managing invasive weed species the natural way: by tasting them as a snack and destroying their seeds through their digestive tracts.

"We're interested in exploring alternatives to using herbicides, for example, and we're also seeing if they can do some things for the healthy landscape as well," said Chris Manderson, urban conservation lead for Calgary Parks.

ONLINE

Kijiji ad offers baby

Luke Simcoe
Metro | Toronto

Toronto police are investigating after someone posted a Kijiji ad attempting to selling a two-month-old baby boy for $600.

The ad was posted to the classified website Monday but has since been removed. The case is being handled by the police department's cyber crimes unit.

"There's a high likelihood that this is someone who thinks this is funny, but it's something that needs to be investigated," Const. Craig Brister told Metro on Tuesday.

Screenshots of the ad circulating on social media evoked a strong response from users.

"This has to be a sick joke," wrote an angry Facebook user.

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If You Bought Sylvania Automotive Lighting You Could Get Money from a Class Action Settlement

Detailed information and updates are available on the Settlement Website:
www.autolightclaims.ca

A proposed Canada-wide Settlement has been negotiated in class actions relating to the marketing and sales of Osram Sylvania Premium Automotive Lighting. If approved by the Courts, this Settlement will provide benefits to purchasers of the following "Covered Products":

SilverStar ULTRA, SilverStar, XtraVision, or Cool Blue replacement headlight capsules | SilverStar, XtraVision, or Cool Blue sealed beam headlights | SilverStar fog or auxiliary lights

ARE YOU INCLUDED?
You may be a Class Member if you purchased a Covered Product in Canada from September 22, 2005 until December 31, 2014.

WHAT IS THIS CASE ABOUT?
The lawsuits claim that Osram Sylvania, Inc., Osram Sylvania Products, Inc. and Osram Sylvania, Ltd. ("Sylvania") misrepresented that certain replacement automotive lighting is brighter, provides a wider beam and allows drivers to see farther down the road than standard halogen lighting. It also claims that Sylvania omitted material information regarding the reduced life of the replacement lighting. Sylvania denies that it did anything wrong. The Courts did not decide which side was right. Instead, the parties have decided to settle.

WHAT DOES THIS SETTLEMENT PROVIDE?
A Settlement Amount of not less than CDN $1,150,000 (the "Settlement Fund Minimum") and not more than CDN $1,750,000 (the "Settlement Cap Maximum") is intended to pay claims to eligible Class Members, Notice Costs, Claims Administration Fees and Expenses, Class Counsel Fees and Expenses, and Honorarium Awards to the Representative Plaintiffs. In addition, Sylvania has also modified certain product(s) packaging. Full details about the Settlement are available on the Settlement Website at **www.autolightclaims.ca**.

WHAT TYPE OF COMPENSATION CAN YOU RECEIVE?
Individual Class Member may qualify for Compensation for one of the following, irrespective of how many products have been purchased:

Covered Products	Initial Amount	Maximum Amount
SilverStar ULTRA, SilverStar, XtraVision, or Cool Blue replacement headlight capsule	$12.00	$24.00
SilverStar, XtraVision, or Cool Blue sealed beam headlights	$12.00	$24.00
SilverStar fog or auxiliary lights	$12.00	$24.00

For each Claimant who submits a valid Claim, payment as described above will be issued†, so long as providing such Compensation does not exceed the Settlement Cap Maximum. If providing each Claimant with such Compensation will exceed the Settlement Cap Maximum, then in such circumstances each Claimant's Compensation shall be reduced on a pro-rata basis.

HOW DO I ASK FOR A PAYMENT?
To receive Compensation, eligible Class Members must submit a Claim Form to the Claims Administrator through the Settlement Website, by email, or by mail. The Claim Form only takes 3-5 minutes to complete. No proof of purchase is necessary.

WHEN SHOULD I MAKE A CLAIM?
Immediately - the Claim Form is already available on the Settlement Website at **www.autolightclaims.ca** or you can obtain one by contacting the Claims Administrator at 1-855-745-7374. You should act as quickly as possible, ideally you should do so before the date of the Settlement Approval Hearings, which will further extend the deadline. A definite Claim Deadline will be set if and when the Settlement is approved by the Courts. Please consult the Settlement Website for an update of the delays that will be set by the Courts.

WHAT ARE YOUR OPTIONS?
If you are a Class Member, you may (1) send in a Claim Form; (2) object to the settlement; (3) exclude yourself (Opt-Out); or (4) do nothing.

If you don't want to be legally bound by the settlement, you must opt-out. To do so, you must complete and submit an Opt-Out Form to the Claims Administrator. The manner in which you opt-out is available on the form found on the Settlement Website; the delay to do so will be set by the Courts. Residents of Quebec must in addition give notice to the Clerk of the Superior Court of Quebec. Anyone who opts out cannot object to the Settlement, will not be bound by the Settlement Agreement, and will not be eligible to claim benefits under the Agreement, but may be eligible to pursue an individual claim.

To object to or to make representations regarding this proposed Settlement, you must attend one of the Settlement Approval Hearings. You should also notify the Claims Administrator in writing through the website, by email or by mail at least 15-days before the hearing and provide your reasons summarily.

WHEN AND WHERE WILL THE COURTS DECIDE TO APPROVE THE SETTLEMENT?
The Ontario Superior Court of Justice and the Superior Court of Québec will hold hearings to consider whether to approve the Settlement. Each of the Courts must be satisfied that the Settlement is fair, reasonable and in the best interests of Class Members.

Settlement Approval Hearings have been scheduled as follows:

Ontario Action (for Canadian residents other than Quebec) – August 31, 2016 at 9:30 A.M. at the Courthouse located at 1023 King St., L'Orignal, Ontario.
Quebec Action (for Quebec residents) – August 30, 2016 at 9:15 A.M. at the Montreal Courthouse located at 1 Notre-Dame St. East, Montréal, Québec.

Please check the Settlement Website to confirm these dates, as they are subject to change. You do not have to attend the hearings but you may do so if you wish. However, you must do so if you wish to object or make representations regarding the Settlement.

WHEN WILL I BE PAID?
Cheques will only begin to be mailed to eligible Class Members for Compensation at the earliest starting on **January 29, 2017**, assuming that the Settlement is approved and that such order/judgment has become final and binding.

HOW CAN I GET MORE INFORMATION?
This Notice summarizes the proposed Settlement. More details are in the Settlement Agreement. You can get a copy of the Settlement Agreement and detailed information on how to obtain or file a Claim, Opt-Out or Object on the Settlement Website at **www.autolightclaims.ca**. For any other information, please contact the Claims Administrator at:
Bruneau Group Inc.
Nelson P.O. 20187 – 322 Rideau St., Ottawa, Ontario K1N 5Y5
Tel: 1-855-745-7374 Email: **info@autolightclaims.ca**

WHO REPRESENTS ME?
Class Counsel, or the law firms representing the Plaintiffs, are the following:
Consumer Law Group P.C.
251 Laurier Ave. West, Suite 900, Ottawa, Ontario K1P 5J6
Email: jorenstein@clg.org
Consumer Law Group Inc.
1030 rue Berri, Suite 102, Montréal, Québec H2L 4C3
Email: agrass@clg.org

The Courts will also consider a request from Class Counsel for counsel fees, disbursements and taxes. Class Counsel has pursued this lawsuit wholly on a contingency basis and has agreed that they would only be paid their legal fees if there was a Settlement or recovery following a successful outcome. They will seek approval from the Courts of $525,000 plus applicable taxes, which will be paid for from the Settlement Amount. The Plaintiffs will also seek honorarium payments of $5,000 each.

To remain updated and to find out the deadlines to file a claim or opt-out, please consult the Settlement Website.

This Notice has been approved by the Ontario Superior Court of Justice and the Superior Court of Québec.

† less the withholding owing to the *Fonds d'aide aux recours collectifs* (for Quebec residents only and if applicable).

PM David Cameron is trying to appeal to Britons considering voting to leave the EU to stay, saying **"think about the hopes and dreams of your children and grandchildren."** THE ASSOCIATED PRESS

David Beckham is voting for Britain to remain in the EU on Thursday. THE ASSOCIATED PRESS

Beckhams voting to remain in EU

UNITED KINGDOM

Referendum closing in as Cameron tries to sway voters

From the prime minister to sports and pop icons David and Victoria Beckham, supporters of Britain staying in the European Union urged voters Tuesday to think about future generations when they cast ballots in a referendum that has divided the nation.

With the black door of 10 Downing St. offering a statesman's backdrop, Cameron appealed directly to EU-wary older voters, saying that leaving the bloc would risk the country's economic security — and younger generations would have to live with the consequences.

"Do think about the hopes and dreams of your children and grandchildren," he said. "They can't undo the decision we take," he said. "If we vote out, that's it. It's irreversible."

The plea came as the already heated campaign moved into its tense final days. Opponents said the statement outside the prime minister's residence betrayed Cameron's worry that the referendum he called to settle Britain's place in Europe could end with the country walking away from the bloc.

Steve Hilton, a former Cameron adviser who now backs a "leave" vote, said Cameron had been "wheeled out by rather panicky spin doctors" to appeal for votes.

Cameron seemed to direct his appeal at those who grew up in the after-shadow of Britain's imperial period, in a nation that had stood against Nazi tyranny during World War II. Polls suggest these voters, many of them Conservatives, are more likely than younger Britons to reject the pan-European EU project.

Cameron tried to assure them that Britain remains a great country — even if it is part of a 28-nation bloc — and that being in the EU allows the country to promote the values it holds dear.

"Brits don't quit," he said. "We get involved, we take a lead. We make a difference. We get things done."

Cameron acknowledged that many Britons didn't vote for him and don't like him.

The "remain" camp also got a boost from more popular — and populist — figures when soccer star David Beckham and his designer wife Victoria added their voices to the EU cause.

"For our children and their children, we should be facing the problems of the world together and not alone," he said. THE ASSOCIATED PRESS

> **We should be facing the problems of the world together and not alone.**
> David Beckham

U.S. SENATE

Obama denounces gun deal failure

President Barack Obama is denouncing the Senate's failure to pass gun control measures in the aftermath of the mass shooting in Orlando, Florida.

Obama says on Twitter that the Senate failed the American people and that gun violence requires more than moment of silence. The White House has said previously that tweets from his account are from Obama himself.

White House spokesman Josh Earnest says the vote is "a shameful display of cowardice" He told CNN on Tuesday that the Republican-led chamber's blocking of four gun control proposals Monday does nothing to keep extremists from acquiring guns.

Earnest said lawmakers lament gun violence but "don't do anything about it." He said that while no bill can prevent all gun violence, "why wouldn't we do more?" THE ASSOCIATED PRESS

Barack Obama GETTY IMAGES

Swift deal on pensions

RETIREMENT

In terms of policy-making, change came in blink of an eye

In two and a half years, Canadians will gradually start paying more premiums into the Canada Pension Plan.

In several decades, supporters say the "historic" CPP deal reached Monday between Ottawa and most provinces will boost retirement security for future generations.

But by policy-making standards, the agreement-in-principle happened in the blink of an eye.

Even the federal finance minister, a pension expert, had given himself until the end of the year to finish up negotiations.

> **It's really historic — I never thought this moment would come.**
> Hassan Yussuff, president of the Canadian Labour Congress

Instead, the provinces are now being asked to finalize an agreement by July 15 that will eventually increase contributions and retirement benefits through the public plan.

Following weeks of talks and an all-day meeting in Vancouver on Monday, finance ministers emerged with the agreement-in-principle.

Even provinces such as Saskatchewan and British Columbia, which had expressed concerns about the timing of CPP reform, had signed on. Only Manitoba and Quebec declined to agree to the terms.

The agreement came together as pollsters pointed to overwhelming popular support for public pension reform.

The federal Liberals ran on platform to upgrade the public pension system, as did their Ontario cousins.

How did this all happen so quickly?

Sources familiar with the talks said doubters had concerns about the potential economic impact of boosting the CPP. They said Ottawa made a major push in the final days and hours, which helped secure enough country-wide support. To make the change, they needed consent of a minimum of seven provinces.

The sources also suggested Prime Minister Justin Trudeau himself was involved in the extra effort.

On top of that, Ontario, which had been moving forward its more-ambitious pension plan proposal, backed away from its earlier demands that CPP reform should be just as robust.

Ontario Finance Minister Charles Sousa said in an interview Monday after the announcement that the swift agreement was driven by several factors.

Sousa said all of his counterparts agreed there were "under-saving issues." He also said that Ontario's proposed pension plan - and its parameters - gave ministers around the table an example to examine.

And some provinces, especially those hit hard by the commodity-price shock, were looking for only a gradual implementation due to the fragile economy, Sousa added.

THE CANADIAN PRESS

A public food market made of shipping containers set to launch in Vancouver. CONTRIBUTED

VANCOUVER

Market in a shipping container

Wanyee Li
Metro | Vancouver

A Vancouver chef and entrepreneur is creating a new public food market made out of shipping containers that aims to help customers connect with local makers of food, from farmers to chefs.

The project is the brainchild of Chris Jerome, founder of Hawkers Market, a series of popup events he describes as "underground food markets." But Hawkers Wharf will be a permanent 100,000-square-foot waterfront site and feature more than 40 food producers at any given time, said Jerome.

"They're all local businesses, they're all from Vancouver, all focused on very traceable foods," he said.

"They're encouraged to do their food in a sustainable way. That's one of the mandates of the market."

The site will also feature an incubator kitchen for chefs to connect and test out their products before bringing the product to customers.

"It's such a needed resource in the city where new food businesses can come and they can connect and they can learn from other cooks."

The incubator, called a co-working kitchen, will support entrepreneurial chefs who want to start their own product line.

"People looking for places to take their ideas to and then create a business out of it and then also get the customer sales and validation."

Shipping containers have been used to create housing in Vancouver, but Jerome wanted to take that idea one step further and create an entire marketplace with the modular structures. The containers are easily customizable and can suit any restaurateur's needs, whether they make tacos or pizzas, he said.

"The reason why we chose shipping containers is because these are modular template businesses that can be operated by food entrepreneurs."

Decommissioned shipping containers are also economical building blocks that are easily transportable.

"We treat them very much like Lego blocks."

COFFEE

Latte lawsuit to proceed

A federal judge is allowing the bulk of a lawsuit accusing Starbucks of systematically underfilling lattes to move forward.

Two California residents are suing the coffee chain, claiming that Starbucks lattes are only filled to about 75 per cent of the cup's capacity.

The lawsuit says Starbucks instituted a recipe in 2009 to create smaller lattes in order to save money on milk.

Starbucks spokesman Reggie Borges says that the company believes the lawsuit is "without merit" and it will be prepared to defend itself in court. He says if a customer is unhappy with their beverage, Starbucks "will gladly remake it." THE ASSOCIATED PRESS

IN BRIEF

Time to jump for emojoy

A face representing "rolling on the floor laughing" and a hand taking a selfie are among 72 new emojis that will soon make their way to your smartphone. The Unicode Consortium has released a list of the new characters. Other highlights include emojis representing a pregnant woman and Mrs. Claus. THE ASSOCIATED PRESS

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metro VIEWS
Your essential daily news
Wednesday, June 22, 2016

ROSEMARY WESTWOOD ON HOW TO BE A WIFE

SO NOW WHAT WILL 'I DO'?

I've spent my adult life identifying as an uncompromising feminist, but in preparing for marriage and its innumerable compromises, I'm forced to figure out how to pick my battles

It's a strange thing to be on the brink of "wife."

Over the last two years, as I have fallen in love and become engaged, I've had to face the idea of marriage, an institution which, though released from its former function as a means of owning a woman or legally raping her, remains awkward for the liberated woman.

There seem to be three in this relationship: Myself, my fiancé, and my feminism. And while the latter played a clear and dominating role when I was a single woman, it has seemed unequipped for — even hostile to — love.

That has sparked a genuine period of panic and doubt: How does one square her feminism with "the wife"?

Statistics don't help. Excerpting her new book, All the Single Ladies, in New York magazine this spring, Rebecca Traister detailed how married women's earnings in the U.S. trail single women's by a wide margin. In Canada, married men outearned married women by nearly $20,000 on average in 2008. And for couples with kids, even when both parents are working, Canadian women in 2010 were spending at least 20 hours a week more than men on unpaid child care.

This is not far from where we were a decade ago. In 2004, in her book The Meaning of Wife, the writer Anne Kingston described how wifeliness remained a useful tool to define women, and to shame and coerce them into socially acceptable roles.

"A lot of the themes haven't really changed, in fact they've kind of amplified," Kingston told me recently during a chat for my new podcast, called Nth Wave. Among them: The wedding-industrial complex, which sells marriage as a woman's ultimate dream; the battle over women's unpaid and undervalued domestic work; and the denunciation of singleness as innately selfish. Never mind the new era of fetishized kept women. "I couldn't have imagined the Real Housewives franchise," she said with a laugh.

Kingston told me that when she was writing the book she was really fascinated by what she saw as a calcified notion of what a wife was.

"Women I knew didn't want to become wives, wife was a dirty word, yet at the same time most women became wives and are wives."

Around that time, I was graduating high school and heading to university. I had been assuming feminism was a dead cause, as I foolishly told one professor. It's a story I think of often, because of how unnervingly little I knew about what I didn't know.

My professor was nonplussed, responding with something to the effect of, "Just you wait," and planting doubt. In one political science course, feminist theory took up a thin, measly chapter, and I noticed. In third year, I took a queer studies class that sent me into furious debates with my poor father, whom I forced to be a foil for the epiphanies tossed out in class.

I had been that girl who fought boys on other girls' behalf, and I became that woman who took every chance to fight what I saw as the patriarchy.

In my ensuing years as a single feminist, it was me-against-the-world, and I never noticed how often feminism itself was framed in that hyper-individualized, confrontational way.

The message was always to guard against lurking sexism. To expect to not only to fight for your own place it in the world, but also to then defend it fiercely. To not give an inch — let alone your whole self.

A marriage, however, can't operate like a war zone. Giving in, even giving up, will be required, because it's a community.

And feminism, particularly the form of it that's ascendant in our society right now, focused as it is on fighting poverty and sexual violence and illuminating the intersections of race and class, doesn't offer much help.

The very word, "wife," as Kingston said during our conversation, still holds that "beta" connotation. And as I set out to become one, what concerns me most is how I might, somewhere down deep, believe in that connotation myself.

What does an "equal" marriage even look like? And if the women at Harvard, and women everywhere really, could enter into relationships expecting equality and then still find that they make less money, do far more chores or end up with half-realized careers — how could I possibly assume I'd escape the same fate?

Perhaps I won't. But there are opportunities in intimate life. I can't fix societal expectations. But I can influence the structures of my own marriage.

It's an act of faith and hope I'm willing to take, for love. I believe I can choose my own definition of wife. I can imagine a more egalitarian family.

Others already are. This week, the Journal of Marriage and Family released details of a new study that found couples with a "more egalitarian division of labour" have more sex.

Here's hoping equality always feels that good.

There are opportunities in intimate life. I can't fix societal expectations. But I can influence the structures of my own marriage.

Search for 'Nth Wave,' Rosie's new podcast about women and the media, on iTunes, Stitcher and Soundcloud.

Metro POLL
The battle of the buckskins

Early Tuesday morning, Prime Minister Justin Trudeau participated in a canoe ride wearing a buckskin jacket that the PMO said belonged to the PM's father, Pierre Trudeau. The elder Trudeau, we scarcely need remind you, made a signature out of the buckskin look: The image of Pierre rocking tan fringe while paddling a canoe on some remote Canadian waterway is this country's answer to John F. Kennedy and his family at the compound in Hyannis Port. Political considerations aside, we left it to you, the readers, the settle the equally important sartorial question.

We asked: Who wore the buckskin better?

70%: Pierre
He's the OG. Justin's nothing but a damswagger jacker.

30%: Justin
He took an already great look and added great hair.

Justin hasn't found his swagger yet

Justin is very open and adorable...he looks great in anything he wears!

PT was a hard act to follow but JT is the best of both his parents.

Pierre is just doing it. Justin's is a self-conscious photo op.

Look at the way Pierre is wearing it ... with style! The jacket isn't wearing him, he's wearing the jacket!

Most of us can never live up to our dads. No matter how hard we try.

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GoT fan site Watchers on the Wall will host three-day fan convention in Nashville next summer

SHOW YOUR PRIDE TASTE THE RAINBOW

There are more ways to "taste the rainbow" than with a package of vending machine candy. Why not a bagel? Even sushi? Or on the top of a morning latte? Yes, LGBTQ Pride season is in full swing across Canada, but that doesn't mean you can't enjoy these colourful treats all year long. Here are a few to inspire you. TORSTAR NEWS SERVICE

1 Bagels

New York's The Bagel Store unearthed the rainbow food trend this year when it went viral online for the "rainbow bagel." Owner Scot Rossillo and his team flatten neon-coloured mounds of dough on top of each other, then slice and roll them into bagel circles. Earlier this year, The Bagel Store was selling up to 800 of the brightly coloured bagels each day. Inspired by the success of its fellow bagel maker to the south, Montreal shop REAL Bagel Inc. now serves rainbow bagels, too. And on the west coast, Vancouver's Rosemary Rocksalt is adding colour to its repertoire.

2 Sushi

You've never seen rainbow sushi quite like this recipe on the Indigo Kitchen blog from the U.K. Writer Jason Tjon Affo used all natural food colourings for the rice: spirulina powder for green, turmeric for yellow, beet powder for red, Korean condiment gochujang for orange, and purple cabbage for purple.

3 Lattes

Caffeinate with some flare and order some rainbow latte art, colourful designs made with food dye added to steamed milk. Stuart Ross of Bull Dog Coffee near Church and Gerrard streets in Toronto has been pouring colourful flowers and hearts since April, inspired by Las Vegas coffee shop Sambalatte.

4 Cookies

Food blogger Ken Leung of The Hungry Rabbit made these rainbow sugar cookies when New York State legalized same-sex marriage in 2011.

5 Grilled cheese

Forget bottled food colouring. The chefs at Grill My Cheese in London, England, opt for beetroot, arugula, roasted onion, goat cheese and truffle oil to make their oozy rainbow grilled cheese.

6 Hot dogs

Throw a sausage fest with a dough-wrapped hot dog rainbow. Blogger Beth Jackson Klosterboer with Hungry Happenings covered diced hot dogs in Pillsbury croissant dough sheets brightened with food colouring. She curled the rows into a rainbow shape and put a "pot of gold" dish of mustard at the end.

7 Cake

Cake is a Pride staple. Wanda's Pie in the Sky on Augusta Ave. in Toronto will be offering rainbow cakes and cupcakes at its Kensington Market shop. The treats, dressed with sprinkles and covered in a white buttercream frosting or chocolate ganache, have seven layers, each with a different flavour and colour. Want to try making it at home? MarthaStewart.com has a great recipe for a six-layer rainbow cake with a buttercream ice cream.

ROSE REISMAN THE SAVVY EATER

THIS WEEK: Side salads

These sides are summer staples — but there's only one you should be packing for your picnic!

PICK THIS

Ziggy's Oil and Vinegar Coleslaw, 1 cup

Calories 220
Fat 7g
Saturated Fat 0.6g
Sodium 560mg

SKIP THIS

Ziggy's Potato & Egg Salad, 1 cup

Calories 400
Fat 24g
Saturated Fat 4g
Sodium 720mg

HERE'S WHY

Equivalent to two Arby's Regular Roast Beef Sandwiches in fat.

These salads are classic pairings for burgers and hot dogs at summer BBQs. As tasty as a creamy potato salad is, it's one to skip — the mayo-based dressing packs on the fat and calories; it also won't last long in the summer heat. When picking a coleslaw, make sure it's in an oil & vinegar-based slaw. This way you're only getting a third of the fat and about half the calories.

It's not what you eat, it's when

NUTRITION

New research points to the problem of 'social jetlag'

Genna Buck
Metro Canada

You grab a granola bar on the way out the door, eat a yogurt instead of lunch, then finally tuck into a proper dinner and half a bag of chips after you stumble home at 9 p.m. Sound familiar?

Irregular eating patterns because of busy, unpredictable work and school schedules are a reality for many across the Western world, including Canadians.

They may be causing "social jetlag": disturbances in the internal body clock, also called the circadian rhythm. Many processes your body uses to break down and use energy from food are part of the circadian clock, following a predictable daily cycle.

New research suggests messing with that cycle — by eating and sleeping willy-nilly — could be a recipe for health problems.

Two papers published Tuesday in the journal Proceedings of the Nutrition Society collect past studies about how the timing of meals throughout the day affects overall health.

One looked at the impact of erratic eating on heart health and metabolism. The other investigated how the timing of meals impacts people's ability to maintain a healthy weight.

The conclusions were tentative. More research is needed. But the findings boil down to this: Some old-fashioned nutrition wisdom dispensed by grandmas everywhere turns out to be right.

Firstly, three square meals a day might just keep the doctor away. Two studies that randomized participants to either an irregular or regular diet found the regular eaters had lower peak insulin and lower 'bad' cholesterol, indicators of heart health.

Secondly, according to nutrition scientist and study author Gerda Pot, "There seems to be some truth in the saying 'Eat breakfast like a king, lunch like a prince and dinner like a pauper": Studies suggest a clear link between obesity and consuming more calories later at night.

In the U.K. and U.S. — global obesity hotspots — most people increase their calorie intake through the day. The slimmer French tend to eat larger lunches and small dinners.

The collected studies also contained no evidence that eating small meals throughout the day, a common dieting tip, reduces obesity. In fact, it seems the opposite is true.

So science says we should eat fewer meals, on a regular schedule, and get more of our calories earlier in the day. Here's a delicious thought: One weapon against the obesity crisis may just be brunch.

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Toyota named as most valuable car brand by BrandZ study

Limited edition blue-jean baby

ALL PHOTOS MIKE GOETZ/FOR METRO

REVIEW

Beetle Denim channels the 1970s

Mike Goetz
For Metro Canada

You're just heading out in your Canadian Tuxedo, a.k.a. blue jeans paired with a denim jacket, but something's wrong. You're thinking maybe you need more cowbell, but that's not it. Then it dawns on you. You have a fever, and the only prescription is more denim!

Enter the special edition 2016 VW Beetle Denim. Just what the doctor ordered.

It may not have actual denim anywhere near it, but the spirit of the fabric is what it's all about.

Witness the Stonewash Blue Metallic paint job, the convertible top and seat covers that mimic the look of denim, seatback pockets that look like the pockets on your favourite pair of jeans (right down to the red tab), and the colour co-ordinated "brushed aluminum" look dashboard.

The exterior has been tweaked to take you back to that groovy time back in 1970s, when denim ruled every-day fashion, like a casual dictator.

Check out those '70s-era "dog dish" wheels.

All this extra nostalgia plied on a nameplate already rampant with nostalgia could have been a kitschy disaster, but the Denim is one of the best looking "new" Beetles models out there, at least to these eyes, and to the eyes of my significant other, who is usually ambivalent about any vehicle design, no matter what the vehicle genre or price point. ("That? That costs eighty grand? No thank you.")

Underneath the denim treatment is a standard VW Beetle convertible, and that means a decent, but not an overwhelming driving and handling experience, a pretty tight rear seat, restricted rearward vision, and a very small trunk, which is further compromised by its responsibility to house the back cover that goes over the roof when it's down.

The seats are very comfortable and supportive, and the new touch screen, rear camera, and apps for Android Auto and Apple Car Play, give the Denim a very modern and classy feel behind the wheel.

The new powertrain is also very refined and slick, although some launches came with a nagging dead spot, until the motor and auto transmission figured out what to do.

The Denim is meant to be a fun, and the fun goes up several notches whenever you press the button that powers the roof down — in less than 10 seconds.

When it's that easy and quick to get the roof down and up, you'll surely do more open-air motoring than you would otherwise.

Like jeans, convertibles never seem to go out of style and always put you in a good mood. Put the two together and how can you lose?

THE CHECKLIST | 2016 VW BEETLE DENIM

THE BASICS

Type. Two door, FWD, compact convertible
Engine (hp). 1.8 L turbocharged I4 (170)
Transmission. Six-speed automatic with Tiptronic
Base Price (not including destination). $29,350

POINTS

- Available in Pure White and Stonewashed Blue Metallic.
- Just 143 allocated in Canada for 2016, and then that's it — no more Denim Convertibles. A limited-edition Denim Sedan arrives in 2017.

3 BRANDS MOST POPULAR WITH THE YOUNGER BUYERS

According to data from IHS Automotive, the Subaru WRX has the highest mix of millennial buyers overall. But which brands have the most millennial buyers? You might be surprised at some of the answers. **JASON SIU/AUTOGUIDE.COM**

1 Dodge

The most popular automaker among millennials isn't Chevy or Ford, but Dodge. Last year, 15.8 per cent of its sales went to younger buyers.

2 Mitsubishi

Younger buyers account for 15.3 per cent of Mitsubishi sales. While on the face of it this news may seem surprising, smaller models like the Mirage and the 2017 Mitsubishi Mirage G4, which debuted in New York earlier this year, tend to appeal to a younger demographic.

3 Mazda

Mazda is zoom-zooming its way into young buyers' hearts, with the Japanese automaker coming in third place with 15.2 per cent of its sales going to those between 18 to 34.

metro SPORTS

18-time Olympic gold medalist Michael Phelps completed his 18-month probation for drunken driving Sunday night.

Hockey heating up in American Southwest

NHL

Top prospect a product of expansion into Arizona

About a year before Auston Matthews was born, professional hockey arrived in Arizona.

He took in his first Coyotes game as a two-year-old, and his gaze never strayed far from the ice.

"From a young age," Matthews said, "I wanted to be an NHL hockey player."

Learning to skate might never be a top-of-the-bucket-list item for the youth of the American Southwest, with a prohibitive climate and a scant tradition, but hockey has been on the rise in the Phoenix area since the franchise relocated from Winnipeg in 1996. The team has struggled financially, with attendance at the suburban arena in Glendale frequently landing near the bottom of the league, but the embodiment of the sport's expansion will be on stage Friday at the NHL draft.

Matthews is expected to be the first pick by the Toronto Maple Leafs.

"It's what you think about since you were a little kid," said Matthews, a six-foot-two, 210-pound centre who joined the U.S. national team development program three years ago and spent the past season as an 18-year-old with Zurich in Switzerland's top professional league.

He could have picked baseball, which his father played in college, but the presence of the Coyotes spawned an admiration of players like Danny Briere and Shane Doan and an appreciation for the Zamboni. Matthews was on a travelling team by age eight, heading to tournaments in Chicago, Detroit and Canada where the game is a well-established pastime.

"A lot of people, when they hear you play hockey and you're from Arizona, kind of have this mindset where they don't even think there's hockey down there," Matthews said, "but I never really thought about it too much as far as that goes. I always had a goal to make the NHL. It doesn't matter where you're playing."

THE ASSOCIATED PRESS

Auston Matthews is expected to be drafted by the Maple Leafs with the No 1 overall pick.

BRUCE BENNETT/GETTY IMAGES

34%

The increase of players aged 18 and under in Arizona from the 2005-06 season (2,836) to 2015-16 (3,803). Meanwhile, California reported a spike of 54 per cent with 11,680 players 18 and under in 2015-16.

MMA

St-Pierre says he's ready to fight again

Former UFC welterweight champion Georges St-Pierre says he's ready to return to the octagon.

The 35-year-old Canadian fighter told the podcast MMA Hour that he's ready to come out of retirement in an interview on Monday.

St-Pierre said things still need to be ironed out with the UFC, however.

He hasn't fought in three years since beating Johnny Hendricks for his ninth straight welterweight title defence.

St-Pierre stepped away from the octagon after that fight.

He then tore his ACL in 2014.

"I'm an emotional guy," St-Pierre said. "My agents, even before I came on the show today, they briefed me. They said, 'don't say this, don't say that.' They briefed me, they said, 'we're in negotiations, remember, blah, blah, blah.'"

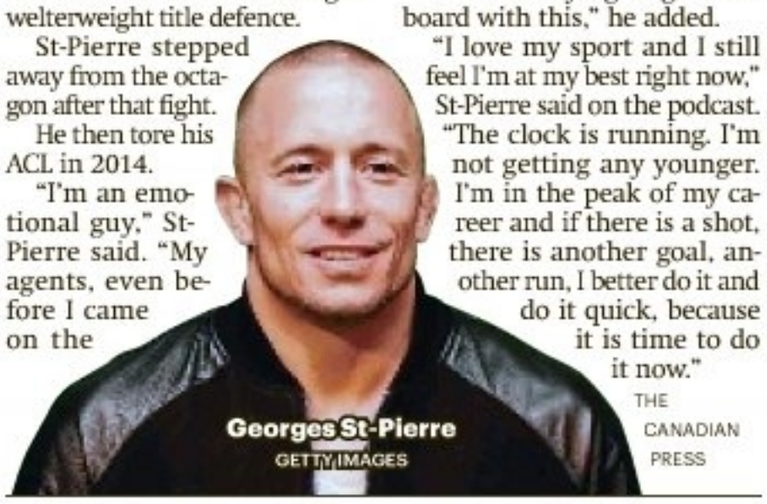
"I'm not trying to go overboard with this," he added.

"I love my sport and I still feel I'm at my best right now," St-Pierre said on the podcast. "The clock is running. I'm not getting any younger. I'm in the peak of my career and if there is a shot, there is another goal, another run, I better do it and do it quick, because it is time to do it now."

THE CANADIAN PRESS

12

St-Pierre has won his last 12 fights.



Georges St-Pierre

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UFC

Wonderboy jumps to top of rankings

Stephen (Wonderboy) Thompson has replaced Rory (Red King) MacDonald as the UFC's No. 1 welterweight contender after his weekend win over the Canadian.

MacDonald (18-4-0) fell to No. 2 in the rankings.

Thompson (13-1-0) won a unanimous five-round decision over MacDonald, a native of Kelowna, B.C., who fights out of Montreal, on Saturday in Ottawa.

MacDonald's future with the UFC is uncertain given the Thompson fight was the last on his current contract. He may also need surgery to repair a broken nose. THE CANADIAN PRESS

Croatia's Nikola Kalinic rises above Spain's Aritz Aduriz to get his head on the ball on Tuesday in Bordeaux, France.

MEHDI FEDOUACH/AFP/GETTY IMAGES

SOCCER

Croatia rallies to stun Spain

Ivan Perisic scored in the 87th minute as Croatia stunned Spain in a 2-1 comeback victory Tuesday to finish atop of Group D at the European Championship.

Perisic's winning goal gave Croatia its first victory over Spain in 22 years and ended its unbeaten run at a European Championship that stretched back to 2004.

"The team spirit helped us and we were fighting until the last minute," Perisic said through a translator. "I think we can go far now. If we play like this we can go to the very end."

EURO 2016 GROUP STAGE

Defeat means that Spain will now meet Italy in the round of 16 at the Stade de France in Saint-Denis. Croatia will play one of the third-place teams in the northern French city of Lens.

It had all started so well for Spain, when striker Alvaro Morata put his side ahead in the seventh minute, redirecting the ball into the net after a shot by midfielder Cesc Fabregas.

Nikola Kalinic equalized just before halftime with a nice back-heel flick that beat Spain goalkeeper David De Gea at the near post after Perisic delivered the cross from the left.

Perisic scored with a low left-foot shot, finishing off a fast counter attack.

In Tuesday's other Group D matchup, Turkey defeated Czech Republic 2-0. Meanwhile in Group C, Germany beat Northern Ireland 1-0 and Poland earned 1-0 victory over Ukraine. THE ASSOCIATED PRESS

OLYMPICS IN BRIEF

Calgary invests in study for bid on 2026 Winter Games

Calgary committed up to $5 million Monday to study a potential bid for the 2026 Winter Olympics.

Calgary's decision window is 14 months. The Canadian Olympic Committee must submit the name of a Canadian 2026 host city to the IOC by September 2017. The IOC will announce the winner in 2019.

Calgary hosted the 1988 Winter Olympics.

THE CANADIAN PRESS

Brazil urged to implement large-scale security now

After two members of the Australian Paralympic sailing squad were robbed at gunpoint, Australia's Olympic team leader is urging Brazilian authorities to implement Olympic-scale security now in Rio de Janeiro "before an athlete gets hurt."

An estimated 85,000 police and soldiers will be patrolling the streets during the Olympics and Paralympics.

THE ASSOCIATED PRESS

RECIPE Grilled Courgettes With Feta and Chilli

PHOTO: MAYA VISNYEI

Ceri Marsh & Laura Keogh
For Metro Canada

Zucchini is a surprisingly satisfying base for any vegetarian meal. Simply grilled and topped with soft feta cheese and spicy chilli, it makes a quick, hot dinner or an excellent, chilled lunch the next day.

Ready in
Prep time: 10 minutes
Cook time: 10 minutes

Ingredients
- 2 zucchini, sliced thinly
- Extra virgin olive oil
- ½ - 1 fresh chilli (red or green) finely diced
- ½ cup Feta cheese
- ¼ cup lemon juice
- handful fresh mint, finely chopped
- Salt and pepper to taste

Directions

1. Use a mandolin or vegetable peeler to thinly slice your zucchini. Heat a frying pan or a grill pan with a bit of oil until medium hot, then add the zucchini. Fry quickly for about 2-3 minutes until the zucchini soften.

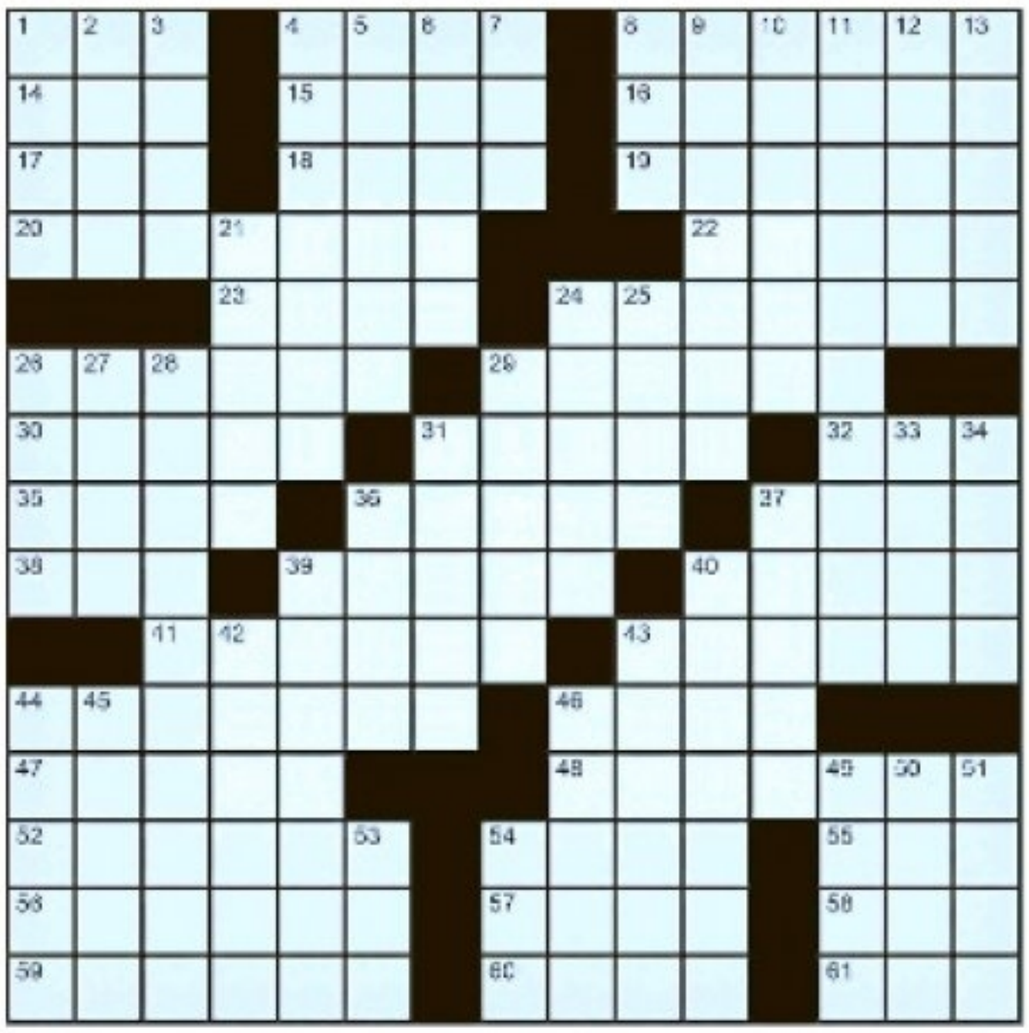
2. Remove from the pan and spread the zucchini out on a plate.

3. Sprinkle the zucchini with the chopped chilli, crumbled up feta cheese, and squeeze the lemon on top. Season, drizzle with olive oil, and sprinkle the mint on top.

FOR MORE MEAL IDEAS, VISIT SWEETPOTATOCHRONICLES.COM

CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN



ACROSS
1. Aristocratic assent
4. Type of street, for short
8. Church lecture
14. Be the title holder
15. River to the Ubangi
16. The Plaza Hotel's fictional resident
17. "__ Smart" (2008)
18. Canadian telecommunications firm
19. Beaver-like rodent called a 'river rat'
20. Historic village on Isle Madame in Nova Scotia
22. Challenger
23. Queue
24. World-of-publishing professionals
26. "Ta ta!": 2 wds.
29. Jennifer of "Juno" (2007)
30. Cracked-into-a-recipe ingredient: 2 wds.
31. Non-verbally say "I don't know."
32. Beatles' "Maggie __"
35. "What You Need" Australian band
36. The Association's "__ Comes Mary"
37. Two-moons planet
38. __ Chi
39. Soya milk holder
40. Open the suitcase
41. Non-noisy
43. Canadian auto service company
44. Bruce Springsteen & The __ Band
46. Hoax
47. Kitchen cook's wear
48. Sweetened in a way
52. "Focus" by Ariana __
54. Sweat droplet
55. "__, Captain!"
56. Behind in making that payment: 2 wds.
57. Restaurant's pick of dishes
58. CFL official
59. Forever, to a poet
60. Disguise the gift
61. Approx.

DOWN
1. Lululemon's milieu
2. Spouted water container
3. Opposing
4. Christine __, Resident Chef on "The Marilyn Denis Show"
5. Position the painting properly
6. Uplift
7. Stitch
8. __. Bernie Sanders
9. Dodging
10. Change, as per turns-taking
11. West Edmonton Mall attraction the Crystal Labyrinth is a what?: 2 wds.
12. Wickerwork material
13. Approaches
21. Traditional dance shoes
24. Clears currency
25. Shoppers __ Mart
26. "Il __ porter la croix!": Bit of "O Canada" in French
27. Ms. White, Tony-nominated Canadian choreographer
28. Canadian singer of new tune "Diamond Eyes": 2 wds.
29. 1981 album by The Police: '__ in the Machine'
31. Lean
33. Weather without water
34. Behold
36. Direction on the ocean
37. Boeotian Muse of memory
39. Alberta village, home of the 'World's Largest Pyrogy'
40. On the ___ (Legitimate)
42. Wrinkles wiper-outer
43. Ms. Jensen (Lifestyle expert on "Cityline")
44. Bird of prey
45. Jack __ (Mother Goose character)
46. __ hosiery
49. Handled easily, as a ship
50. Blinkers
51. Adroit
53. 'Carot' completer
54. Premium auto maker

IT'S ALL IN THE STARS Your daily horoscope by Francis Drake

Aries March 21 - April 20
Guard against the temptation to promise too much to others today just because you want to please them. (And don't exaggerate, because you will be found out.) The fish was how big?

Taurus April 21 - May 21
This is a good day for business and commerce. However, it is easy to go overboard today, so be careful. Don't pay too much for something.

Gemini May 22 - June 21
Today you are optimistic and enthusiastic. Be careful not to overlook details today while doing everything in bold, broad strokes!

Cancer June 22 - July 23
Because you feel sympathetic for others who are less fortunate today, you want to help. You might work behind the scenes using social media or some kind of publicity.

Leo July 24 - Aug. 23
You'll be happy to lend your energy to charitable organizations to help the needy today. This is also a great day to schmooze with others. Have fun!

Virgo Aug. 24 - Sept. 23
Your relations with others, especially in classes, meetings and groups, are upbeat and positive today. This is a good day to set long-range goals, because you are quick to see the whole picture.

Libra Sept. 24 - Oct. 23
You are so smooth-talking today that you will impress parents, bosses, VIPs and the police. (They like your optimism and positive attitude!)

Scorpio Oct. 24 - Nov. 22
In financial discussions, especially about inheritances and shared property, be careful about details. You might be so focused on the big picture that you overlook something small that is important.

Sagittarius Nov. 23 - Dec. 21
Relations with partners and close friends are upbeat and joyful today. It will be fun to sit down with others and plan big projects.

Capricorn Dec. 22 - Jan. 20
To protect yourself, be reasonable in your promises to co-workers and customers at work today. Don't go overboard, which you might be tempted to do. Nevertheless, your enthusiasm is a welcome thing!

Aquarius Jan. 21 - Feb. 19
You might overdo having a good time today — overeating, overdrinking and overspending! Meanwhile, romance swoons dizzily along.

Pisces
Feb. 20 - March 20
You've got big plans to make improvements and repairs where you live. Today is a good day for family discussions about how to improve your home.

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9

	1				5			
8	9	5			4		1	
	4		9	2				
		6		8			9	5
		7				6		
4	8			6		3		
				9	7		8	
	5		3			7	4	9
			2				6	

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YESTERDAY'S ANSWERS

Your daily crossword and Sudoku answers from the play page.

for more fun and games go to metronews.ca/games

1	5	8	4	7	3	2	9	6
9	3	6	8	1	2	5	4	7
2	7	4	6	9	5	3	1	8
8	9	5	3	2	4	6	7	1
7	4	2	5	6	1	9	8	3
3	6	1	7	8	9	4	2	5
5	1	7	9	4	6	8	3	2
4	8	3	2	5	7	1	6	9
6	2	9	1	3	8	7	5	4

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